

Knowing your credit score can save you cash



Nicole, Keith have baby girl

Two injured as bus collides with truck

FORT MCMURRAY. A driver and the only passenger inside a bus were critically injured yesterday after the vehicle was hit by a flat-deck truck on a notorious highway near Fort McMurray, RCMP said.

Police say the two people were ejected when the bus was struck by the truck while it was attempting to make a left-hand turn on Highway 63, north of the northern city around 10 a.m.

The driver and the passenger were airlifted by STARS Air Ambulance to Edmonton where they are currently listed in critical condition. The cause of the crash is still under investigation.

There have been more than 25 deaths and 257 injuries on Highway 63 between 2001 and 2005.

JEFF CUMMINGS/METRO EDMONTON

Stabbed man unco-operative with police

ATTACK A Saturday afternoon turned gruesome after a man was stabbed in broad daylight.

Officers rushed to the scene near 110 Street and 107 Avenue around 3 p.m. where a man was suffering multiple stab wounds. He was taken to hospital with non-life-threatening injuries.

Police believe the victim was attacked by a group of four or five men. The man wasn't forthcoming with investigators, but he will continue to be interviewed, police said.

VICTORIA HANDSIDES/METRO EDMONTON

Local page 2

Grits call for election probe

Beijing page 9



Volleying for a Games spot

Health page 10

Drug stimulates eyelash growth



Lt.-Col. Christopher Linford, Commander of the 1 Field Ambulance, speaks to media at a news conference concerning the death of Pte. Colin William Wilmot yesterday at Edmonton Garrison.

'Eager' soldier mourned

Slain medic strived to make a difference in ordinary Afghans' lives

ANDREW COWIE
for Metro Edmonton



A medic who just got engaged to his fiancée a month ago was killed when a roadside bomb went off on a routine patrol Sunday, marking the 87th death of a Canadian soldier in the Afghanistan mission.

Pte. Colin Williams Wilmot, a medic serving with the Health Services Support Unit, was killed instantly when he came across the bomb and despite attempts to revive, him he was pronounced dead at hospital.

Lt.-Col. Christopher Linford, commanding officer of 1 Field Ambulance, said the 24-year-old medic just got engaged in the past month, leaving fiancée Laura Lee English to grieve on her

"We're a family and it's like losing a family member. How close are you to your brothers and sisters? That's how close we are."

Lt.-Col. Christopher Linford speaking after the death of Pte. Colin Williams Wilmot

own before the inevitable media storm that will follow.

"She's in shock and terribly upset at the loss of her fiancé," said Linford about English.

"She is suffering today."

Wilmot, said to be an enthusiastic member of the Armed Forces, was also at the top of his class, and was a recipient of the Commandant's Shield — awarded to the soldier deemed to be the top candidate during his trade course.

Linford says Wilmot was a popular individual of the regiment

and that it was a trying time for the soldiers.

"We're a family and it's like losing a family member," said Linford.

"How close are you to your brothers and sisters? That's how close we are."

Brig.-Gen. Denis Thompson, Canada's top soldier in Afghanistan, told reporters in Afghanistan Sunday that Wilmot was "eager to serve" for his country.

"Colin wanted it known that should a spot become available

on the mission, he wanted in," said Thompson.

"He was selected to fill a vacancy soon after, because he was motivated, he was skilled, and because he was eager to make a difference in the lives of ordinary Afghans."

The body of Wilmot will be returned to Canada next week where a burial spot has not yet been determined.

Linford says 1 Field Ambulance will offer an honour guard at Wilmot's funeral planned to be held in New Brunswick later this month.

Friends of Wilmot have created a tribute page on Facebook to honour the soldier.



Pte. Colin Williams Wilmot

Saddle up for the Professional Bull Riders as they fall, slide and buck into Edmonton for the Montana Tractors Invitational July 24-26. The best bull riders battle the strongest bulls and tickets start at \$15 for adults and \$10 for children though Ticketmaster. **METRO EDMONTON**

Local



Dion meets with mayor

Federal Liberal Leader Stéphane Dion continued to tout his green plan in Edmonton yesterday as he met with Mayor Stephen Mandel and held a town hall meeting with residents last night. Political pundits have said Dion's plan, which includes carbon taxes, could be a tough sell in Alberta. **METRO EDMONTON**



Citytv

ROGERS™

Grits cry foul over March 3 election

Liberals ask auditor general to investigate voting

JEFF CUMMINGS
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Alberta's Liberals believe a confusing mess at a number of polling stations across the province during the March 3 election prevented hundreds to thousands of people from voting.

And now the Grits want the province's auditor general to do something about it.

"We need the auditor general to get to the bottom of this," said Alberta Liberal Leader Kevin Taft today during a news conference.

"What we are seeing is a huge number of symptoms that affected thousands of Albertans. We need the auditor general to tell us exactly what the problem is and how it will be fixed."

The Liberals gave Auditor General Fred Dunn a letter calling for an investigation today, along with a thick binder containing more than 80 e-mails, letters and other submissions from people complaining about how the election was mismanaged.

The submissions included reports of voters' lists being incomplete that caused long line-ups while voters were being sworn in, claimed Taft.

Hundreds of frustrated people left the polling station without ever voting, he said, in an election that only saw 41.4 per cent of eligible Alberta voters coming out to cast a ballot.

Taft said polling clerks and staff at the stations were



Alberta Liberal Leader Kevin Taft talks to reporters yesterday after asking the Alberta Auditor General Fred Dunn to conduct an investigation into how the last provincial election was carried out.

"This isn't about who won or lost in the last election, clearly the Tories won. This is an embarrassment to an advanced democracy. This is a betrayal of people's rights to vote."

Alberta Liberal Leader Kevin Taft

poorly trained and some were not aware of election rules and laws during the "worst election" he has ever seen.

When asked by reporters yesterday in Calgary, Premier Ed Stelmach didn't seem to be aware of Taft's request for an investigation before saying the Grit leader was free "to make the ask."

Stelmach has said after the election, however, that

he is aware of several problems at polling stations and the government's election committee would meet with the chief electoral officer about some of those issues.

Taft accused a number of polling officers of encouraging voters to elect a Conservative candidate as "half of the province's returning officers had ties to the Tory party."

A Tory campaign office

was also located next door to a polling station, said the Liberals, something that is against election rules.

The announcement comes two weeks after Taft announced plans to step down as leader of the party that suffered a major defeat during the spring election.

Taft, however, didn't fault the election chaos with his party's results.

"This isn't about who won or lost in the last election, clearly the Tories won," said Taft. "This is an embarrassment to an advanced democracy. This is a betrayal of people's rights to vote."

—WITH FILES FROM METRO CALGARY

Accused escort killer to appear in court tomorrow

VICTORIA HANDYSIDES
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A man accused of killing a city escort and burying her body in his backyard will have his day in court tomorrow.

Matthew Todd Barrett, 24, is charged with one count of first-degree murder, and one count of committing indignity to a body.

The body of 20-year-old

Chantel Robertson was discovered on July 30, buried in the backyard of Barrett's house on 80 Avenue and 98 Street.

An autopsy later revealed she was strangled to death.

Over the weekend, friends held fundraising bikini car washes to help pay for Robertson's funeral costs.

Her funeral was also held on Saturday.

Suspects sought after iPod stolen

ROBBED Police are on the hunt for two men after a pedestrian was robbed on his way to work over the weekend.

A 19-year-old man was walking to work near 105 Street and 69 Avenue, when he was approached by two men who demanded he give up his iPod and cash.

The two men grabbed his belongings and fled on foot from the scene.

The men are described as two 18-year-old native males. One is described as a five-foot-11 male who was wearing a white shirt and white pants at the time of the crime.

The other is described as five-foot-eight male who was wearing a blue and white hat, a blue striped shirt and jeans.

VICTORIA HANDYSIDES/
METRO EDMONTON

Cops nab \$25K in pot

TRAFFIC STOP Two men from Calgary were stopped short on a pot run across the mountains over the weekend after Jasper RCMP made a traffic stop that turned into a massive drug bust.

After a routine traffic stop, officers searched the vehicle, and found 3.5 lbs of marijuana in the car, which has an estimated street value of \$25,000, say Mounties.

Police believe the chronicle was headed for Grande Cache.

The seizure comes just one day after a half million-dollar bust in southern Alberta.

Police raided a house in Brooks where they found hundreds of pot plants worth a wholesale value of \$561,250.

VICTORIA HANDYSIDES/
METRO EDMONTON

Zoo to show off new animals

The Valley Zoo is calling all passengers to join their Welcome Wagon as they show off their new animals to the public Sunday. Admission is \$4.50 for children and \$9 for adults. **METRO EDMONTON**

Bookkeeper gets probation

15 months for skimming about \$100,000

VICTORIA HANDSIDES
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A bookkeeper charged with lifting nearly \$100,000 from her employer over a lengthy 15-year scam, was sentenced to house arrest yesterday in court.

Sharon Page, 53, was earlier convicted of pocketing \$99,093 from the Waskateau Regional Electrification Corporation by writing false cheques in her own name, along with manipulating financial statements.

With her family by her side, Page wept outside the courtroom after Justice Doreen Sulyma told her she will be serving 15 months of probation for the crime, to which she pled guilty.

Defence lawyer Robert Hladun argued in court his client suffered from post-traumatic stress disorder and that she stole from her employer from 1991 to 2005 because she suffered from repressed anger due to traumatic childhood experiences.

Hladun also argued that Page was too afraid to ask her employer for a

raise.

She has been ordered to seek psychiatric care as part of her probationary conditions.

The judge also ordered Page to pay back the remainder of the cash that she hasn't yet paid back, a sum of \$71,593, which must be paid to her previous employer's insurance company, which footed the bill when it was discovered the money had been stolen.

The emotional grandmother of four stood in the prisoner's box yesterday and said, "I'm sorry for what I've done."

Street fest Cooler than his bite



Pet owner Metro Hutschal checks out the International Street Performers Festival in Churchill Square yesterday afternoon with his dog, seven-year-old Mr. Molson. The pair received plenty of attention from onlookers.

U.S. meeting

Stelmach tries to clean oil image

AMBASSADOR Premier Ed Stelmach met American ambassador David Wilkins in Calgary yesterday, stressing a need to "share information" with the U.S. while strengthening relationships with western governors.

Stelmach said he stressed what Alberta was doing with greenhouse gas emissions, land use framework, water for life strategy and carbon capture. He said behavioural changes will take "years" while carbon capture is the "quickest way to reduce the amount of carbon in the atmosphere."

NEIL MACKINNON/METRO CALGARY



Premier Ed Stelmach chats it up with hungry guests at the annual Premier's Stampede breakfast held outside the McDougall Centre yesterday. The meal went on without incident.

No pie at premier's breakfast

NEIL MACKINNON
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Ed Stelmach may have set a new Stampede breakfast precedent.

As Alberta's premier flipped flapjacks yesterday morning for more than 3,000 people, he managed to flow through his stint at the griddle and amongst the crowd for less than an

hour without incident.

A small contingent of protesters picketed briefly from the sidelines, a premier's breakfast mainstay, but they were contained by a heavy police presence, who flanked the McDougall Centre feedlot and were thickly dispersed throughout the crowd.

Colleen Hebert, at her first premier's breakfast and second of the Stam-

pede, said the food was good but she was surprised there wasn't more of a fuss, even though she didn't see Stelmach at all.

"He just didn't want to get pied," added Kristen Schultz.

It was Stelmach's second Stampede breakfast as premier.

Nearly 4,000 pancakes and 8,000 sausages were served.

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The Public Health Agency tried to alleviate fears yesterday over a contaminated foodstuff that was found to be behind a U.S. outbreak of salmonella. Four Canadians have fallen ill since returning from the U.S. and the Public Health office insists the foodstuff is not distributed here. **METRO CANADA**

Health Agency seeks to calm salmonella scare

Canada



B.C. RCMP officer facing charges

A B.C. RCMP officer will appear in court today to face charges of assault stemming from a Taser incident on Dec. 16. A second officer was attacked by an arrested suspect and was shocked in the resulting fight.

Canada seen as a barrier

Oxfam says Harper standing in way of world progress

Canada is being accused by humanitarian groups here of acting as a barrier to progress on such major issues as the world food shortage, climate change and aid to Africa.

Oxfam International, the charity and advocacy group, accused Stephen Harper's Conservative government of trying in the closed-door talks to weaken a major effort by G8 leaders meeting here to step up support for health programs in Africa.

Rather than a firm G8 re-commitment to spend \$60 billion over several years to fight HIV/AIDS, malaria and other diseases in Africa, Canada is trying to ensure that the G8's final communiqué refers to



Prime Minister Stephen Harper and his wife Laureen wave with kindergarten children after they attended the Canada-Japan Youth Environment Summit on the first day of the G8 Summit in Japan.

these measures only as a recommendation, according to Oxfam spokesper-

son Max Lawson and other activists here.

The pledge was original-

ly made at last year's summit in Germany.

"A number of countries are trying to water down that language...we're very concerned about the Canadians in particular," Lawson told reporters during the first day of this year's summit in northern Japan.

On climate change, Harper continues to say here that it is useless for G8 leaders to sign on to mandatory targets for reducing carbon emissions unless China, India and other emerging economies do likewise.

"Basically, Canada is not playing a constructive role," said Dennis Howlett of Make Poverty History.

Today, the summit turns its attention to Iran.

TORSTAR NEWS SERVICE

G8 leaders eye more sanctions

African leaders pressured

Prime Minister Stephen Harper and other G8 leaders are poised to call for tougher sanctions against Zimbabwe after bluntly telling African leaders in Japan that they should move immediately to put an end to the "illegitimate" government of President Robert Mugabe.

The G8, expressed their outrage at a closed-door meeting with the leaders of South Africa, Senegal, Tanzania, Ghana and several other African countries. Harper and other leaders made it clear that African countries should not tolerate a Mugabe government and that doing so



"The only area that we may differ is on the way forward."

Tanzanian President Jakaya Kikwete

might hurt the continent's ability to receive aid money.

"The only area that we may differ is on the way forward. You see differently but for us in Africa we see differently, but I think again there is still room for us for discussions," said Tanzanian President Jakaya Kikwete.

TORSTAR NEWS SERVICE

Truscott awarded compensation

Steven Truscott's 49-year legal nightmare is finally over thanks to a \$6.5 million compensation cheque from the Ontario government.

Attorney General Chris Bentley announced yesterday that Truscott, 63, would receive the payout from the province almost a half century after being convicted of a murder he did not commit.

In a joint statement from their home in Guelph, Tr-

6.5 Stephen Truscott was awarded \$6.5 million in compensation by Ontario.

uscott and his wife Marlene said "this is a bitter-sweet moment for us," and said his name was now cleared. "When we began this journey more than a decade ago, we thought only of exonerating Steven — the possibility of com-

ensation never entered our minds," the couple said.

Sentenced to hang in 1959 at age 14 for the sex killing of his 12-year-old school chum Lynne Harper, Truscott has spent most of his life fighting to clear his name. Last August, the Ontario Court of Appeal quashed his conviction and acquitted him, ruling it a "miscarriage of justice."

TORSTAR NEWS SERVICE

Ottawa home looked at in terror trial

MONEY Mohammad Momin Khawaja's Ottawa-area home was bristling with weapons, crates of ammunition, electronics of all sorts, hundred dollar bills and books dedicated to terrorism, according to evidence presented at his trial yesterday.

The 29-year-old Khawaja faces seven terror related charges, including allegedly building a detonator that was to be used in an Al Qaeda bomb plot in London that was foiled by Britain's MI5 domestic security service and resulted in five men convicted of the plot.

TORSTAR NEWS SERVICE

Calgary Stampede performer



A member of the Canadian Armed Forces Skyhawks parachute team performs during the Calgary Stampede yesterday.

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Russian soldier kills three comrades

A Russian soldier shot dead three colleagues and wounded another yesterday before killing himself, Russia's Defence Ministry said in a statement. The private ran away from his guard post and opened fire at other soldiers when they tried to detain him. **REUTERS**

World

"Screening should take place after age two, but no later than age 10."

New guidelines from the American Academy of Pediatrics regarding heart disease.



Kids' heart health

Some children as young as two should be screened for high cholesterol, high blood pressure and other heart disease risks, according to new guidelines from the American Academy of Pediatrics released yesterday.

41 dead in embassy bombing

India's Kabul office targeted, Afghanistan says foreign agents involved

A suicide car bomb hit the Indian Embassy in Kabul yesterday, killing 41 people and wounding 139, in an attack Afghan authorities said was coordinated with foreign agents in the region, a likely reference to Pakistan.

"I saw wounded and dead people everywhere on the road."

Danish Karokhil, witness



Afghan police secure the site of a suicide car bomb blast at the Indian embassy in Kabul, yesterday.

Afghanistan has accused Pakistani agents of being behind a number of attacks in recent weeks and Afghan President Hamid Karzai threatened last month to send troops across the border to attack militants there if Pakistan did not take action.

Afghan analysts argue Pakistan is loath to see the emergence of a strong Afghanistan that is friendly to India and is secretly

backing the Taliban as a "strategic asset," enabling Pakistani forces to concentrate on defending the Indian border.

Pakistan denies the Afghan accusations and strongly condemned yesterday's attack in which the bomber rammed his car into the embassy just as two diplomatic vehicles were entering.

"I saw wounded and dead people everywhere on

the road," said Danish Karokhil, the head of the independent Pajhwok news agency, whose offices are nearby.

India's military and press attaches and two Indian guards were among the 41 killed, but a line of people waiting for visas and shop-

pers at a nearby market were the main victims of the blast, the deadliest in Kabul since U.S.-led and Afghan forces toppled the Taliban from power in 2001.

A Taliban spokesman denied responsibility for the attack, although another militant spokesman said earlier the hard-line Islamist militia had been behind the bombing. The Taliban often disown attacks that kill large numbers of civilians.

The explosion destroyed the two embassy vehicles, blew the embassy gates off, all but demolished the embassy walls and badly damaged buildings inside the compound.

REUTERS

Talks not about setting withdrawal date: White House

IRAQ U.S.-Iraqi security talks to permit U.S. troops to stay in Iraq beyond 2008 were not aimed at setting a hard deadline for withdrawal, despite such a suggestion by the Iraqi prime minister, the White House said yesterday.

"Negotiations and discussions are ongoing every day," White House spokesman Gordon Johndroe said in Japan, where U.S. President George W. Bush was attending the Group of Eight summit.

"It is important to understand that these are not talks on a hard date for a withdrawal," he said.

Iraqi Prime Minister Nuri al-Maliki yesterday raised the prospect of setting a timetable for the withdrawal of U.S. troops as part of a new security agreement.

REUTERS

Colombia Cargo plane hits house



Colombian firemen try to extinguish flames from the remains of a 747-200 cargo plane that crashed in the town of Madrid near Bogota yesterday. Three Colombians were killed when the plane crashed into their house near the capital city while all eight crew members on board the aircraft survived, authorities said.

News in brief

WEST BANK Israeli soldiers yesterday wounded at least 10 Palestinians in a West Bank town as they attempted to stifle protests against a separation barrier, residents said. Soldiers fired live ammunition and used teargas and stun grenades to try to quell violent protests at the Palestinian town of Nilin where Israel is building a barrier declared illegal by the World Court four years ago this week.

REUTERS

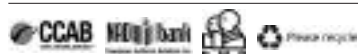
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Business

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Workers get protection in bankruptcies

NEW PROGRAM Employees of Canadian companies that have declared bankruptcy will get compensa-

tion for unpaid wages under a new program that went into effect yesterday. The Wage Earner Protec-

ion Program will cost the federal government an estimated \$35 million a year. **REUTERS**

News in brief

METALS MARKET Aluminum rose to a new record of \$3,327 a tonne yesterday, exceeding a previous record high of \$3,310

per tonne in May 2006, amid escalating worries over power problems in the world's biggest producer, China. **REUTERS**

Buyers wary of future: Survey

Canadian consumer confidence slumped to its lowest level in nearly 13 years in June due to the surge in gasoline prices and concern about future economic conditions, the Conference Board of Canada said Monday.

The board's index of consumer confidence dropped 6.2 points in June to 79.6, its lowest level since the fourth quarter of 1995. The results are based on 2,000 telephone interviews conducted in early June.

The survey said Canadians have become increasingly wary about making major purchases such as a car or house. The number of respondents who said now is not a good time to make a major purchase rose 6.1 percentage points to 54.9 per cent.

Asked if their families would be better off financially six months from now, 23.3 per cent of respondents thought they would be, down from 26.1 per cent in May. About 21.9 per cent thought they would be worse off, up from 17.1 per cent a month earlier.

Every region of the country saw waning levels of confidence, with the largest decline in British Columbia, where the index fell to its lowest level since mid-2003. **REUTERS**

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To start a home-based business, you will need supplies, a separate business telephone line, a computer, software and a high-speed Internet connection and — often overlooked — to factor in costs for insurance and marketing. Before you start your home-based business, be sure to consult a chartered accountant. **NEWS CANADA**

Your Money

To manage credit, first know the score

If you are like most of our friends, we are willing to bet that you know all of the latest celebrity gossip. And you likely even know exactly what the last bid was on that purse you've been eyeing on eBay. But when it comes to your credit score, what do you know?

This powerful number is way more significant to your everyday life than you might think. It has a direct impact on your ability to take out a mortgage and apply for credit cards or other loans.

But most importantly this number determines the amount of interest you'll pay on all of these products. The higher your FICO score, the more money you'll save yourself. For ex-

ample, someone with a score above 760 could literally pay thousands of dollars less per year in interest on their mortgage.



than someone whose score is below 620.

Credit scores range from 300 to 850. Here's how a credit score is broken down:

- 35 per cent = payment history
- 30 per cent = amounts owed on each account
- 15 per cent = length of credit (how long you've had the accounts)
- 10 per cent = new credit (new accounts opened or inquiries made for more credit)
- 10 per cent = types of credit in use (e.g. credit card, department store, mortgage, or school loans)

The higher your FICO score, the more money you'll save yourself.

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And here's how you can keep your score high:

Payment History

Make your monthly payments on time. If you are having trouble keeping up with payments, notify your lender and work out an arrangement. Next, as soon as possible get current on any past due accounts.

Amounts Owed

Keep your total balance at 35 per cent, or less, of your total credit available. Also, you need to know that opening new credit

cards or lines of credit just to make your outstanding balances look smaller in relation to your total credit capacity won't help; in fact, it could actually hurt you if you rack up more debt on those accounts.

Length of Credit

Consider keeping old accounts open if you've been a good borrower. Closing an account actually erases your good payment history from your report. It's better to cut up the card but leave the account open.

New Credit Category

When shopping for new credit, keep the search to a short time frame — aim for 14 days or less. FICO scores distinguish between a search for a single loan and a search for several new sources of credit, in part by the length of time over which the inquiries occur.

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Individuals are allowed a \$2,000 over-contribution to their RRSP without being subject to tax penalties but cannot deduct this over contribution. Amounts in excess must be used in the following year or may be penalized by CRA.

Using RRSPs under the First-time Home Buyers Plan (HBP) has been increasingly popular for young and older couples alike. The maximum withdrawal under the HBP for

an individual is \$20,000. This amount is repaid over a 15-year period, starting in the second year after the withdrawal.

Consider the New Tax Free Savings Account (TF-SA) from February's budgetary proposal that may provide an alternative to RRSPs:

- Effective January 2009, individuals may establish a savings account.
- They must be a Canadian resident and 18 years or older. Eligible kids qualify.
- They can contribute up to \$5,000 per year. Unused amounts are carried forward and the individual may use at a later time.

• Contributions, unlike RRSPs, are not deductible.

• Income such as interest, dividends and capital gains from contributions are not subject to tax. Similar to RRSPs, and a great way to shelter income.

• Withdrawals are tax-free. Yes, it's true. No Tax.

• Over contributions are a no-no. They will be penalized at one per cent per month.

Start planning — with all the negative economic news reported, we all need a break.

Henry Choo Chong, CGA, provides accounting and taxation solutions. E-mail Money Matters: choochonghcg@yahoo.ca.



Using RRSPs under the First-time Home Buyers Plan (HBP) has been increasingly popular for young and older couples alike.



keep an Ace up your sleeve.

Sports

"Whoever wins the French Open and Wimbledon in the same year for me is the No. 1 in the world."

Tennis legend Boris Becker on the fact Rafael Nadal still trails Roger Federer, whom he beat to win the French Open and Wimbledon, in the world rankings.



Umberger signs

The Columbus Blue Jackets inked forward R.J. Umberger, left, to a four-year contract yesterday. They acquired Umberger in a trade with the Flyers.

Cubs targeting Burnett, Harden

Either Canadian **Rich Harden** or the Blue Jays' **A.J. Burnett** will soon join the Chicago Cubs' pitching rotation.

That was the word to Metro yesterday from MLB sources, who revealed that the Cubs are involved in intense trade talks with the Oakland A's for Harden and the Jays for Burnett.

"The Cubs are livid because they thought they had a deal lined up for the pitcher they wanted most, (C.C. Sabathia)," a source said. "But the (Cleveland) Indians went and traded the guy to the Cubs' main division and geographic rival (the Milwaukee Brewers) and so they've decided they absolutely must have Harden or Burnett."

Harden, a B.C. native, has been deemed expendable by the A's because he is due next season for a huge raise that they've decided they can't afford. The Jays, who languish in the cellar of the AL East, have deemed Burnett expendable because of his inconsistency and because the Jays are seeking to strengthen themselves at non-pitching positions.

The Jays, incidentally, are fifth best in the major leagues in team earned-run average and yet they're virtually out of contention already because of their offensive ineptitude.

They have only seven wins this season in games when their opponents scored first.

Sportsnet's **Rance Mulliniks**, who picked the Jays to win the World Series before the season opened, now suggests the team is "not mentally tough enough."

Before the CFL season, I suggested Montreal quarterback **Anthony Calville** and the rest of the Alouettes would be lousy. Well, they've excelled, and they're 2-0.

Similarly, I figured the Saskatchewan Roughriders would plummet this sea-

YorkReport

Marty York

marty.york@metronews.ca

son, but they too are 2-0, and dozens of Riders Priders have been emailing me with questions about my sanity.

Ah, well. It's still early in the CFL season.

Mulliniks can't say that about the MLB season.

Two ex-Argonauts are telling friends they'll be seeking revenge Thursday night, when Toronto visits Edmonton.

Both defensive halfback **Jordan Younger** and kicker **Noel Prefontaine** feel they were treated unprofessionally when the Argos traded them to Edmonton in the off-season.

Saskatchewan general manager **Eric Tillman** called **Bob Ackles**, "The most important person in the B.C. Lions' history." I'll take it a step further. He may have been the CFL's most important.

Even this year, at 69, Ackles campaigned vehemently and vociferously against any possible notions the NFL has had about coming into Canada. He suggested the NFL's invasion to Toronto would be the death of the CFL.

I first met Bob in 1979, when I was a kid reporter for The Globe and Mail. We had our differences, but he consistently showed class and even insisted on occasion that I be his house guest during some of my travels.

Bob's story — from water boy with the Lions to club president — is legendary. His death Sunday, caused by a heart attack, jolted the CFL. The league will miss his leadership.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

Bertuzzi joins Flames

Iginla played key role in signing forward

LAURENCE HEINEN
for Metro Calgary

Jarome Iginla gave the newest member of the Flames a ringing endorsement yesterday after Calgary signed Todd Bertuzzi to a one-year deal.

"When I saw that Todd was going to be a free agent, I thought he'd be a great fit in Calgary," said the Calgary captain. "I've admired him for a lot of years, his on-ice game. He was a very tough guy to play against, a tough competitor."

Iginla, who played with Bertuzzi on Canada's Olympic men's team in 2006, even hinted that he'd like to play on a line with the 6-foot-3, 231-pound power forward.

"I'm very excited he's going to join our club and hopefully get a chance to play with him," Iginla said. "I think we can do some good things."

Before signing the \$1.95 million US deal, Bertuzzi talked with Iginla about the opportunity to play for the Flames.

"Jarome is 100 per cent why I'm a Calgary Flame,"

said Bertuzzi, noting that Iginla gave glowing reports about the organization and the city. "It's a great Canadian market. They're passionate about their hockey and I'm excited to come there."

Calgary general manager Darryl Sutter said Iginla's endorsement of Bertuzzi was a big reason why the Flames decided to sign the 33-year-old native of Sudbury, Ont.

"I talk to our captain lots about a lot of players and the one player that he identified more than anybody if we were going to add a veteran player was Bertuzzi," said Sutter, who liked the fact that Bertuzzi was willing to accept a one-year deal. "At the end of the day, the money worked so that's probably why it was a good fit."

Bertuzzi, who scored 46 goals and added 51 assists in 82 games with the Vancouver Canucks in the 2002-03 season, said he's looking forward to returning to a Canadian team after stops in Florida, Detroit and Ana-

heim.

"I played my best hockey when I was in Canada under the microscope and under the pressure," Bertuzzi said. "Calgary's given me an opportunity to come in and to get some ice time and play. I still think that I can

get back up there and contribute with what they need."

Bertuzzi is perhaps best known for being suspended in 2004 after cross-checking Steve Moore from behind and breaking the Colorado Avalanche forward's neck.

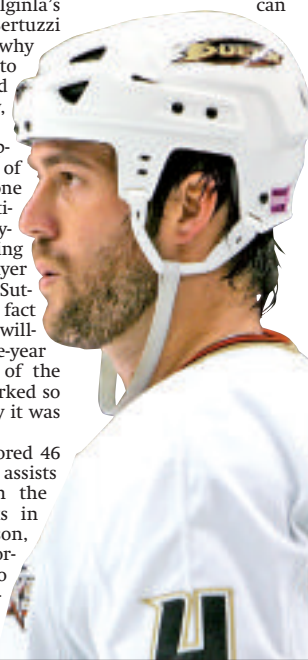
"I think it's a long time ago," Sutter said. "It's like, I had a traffic ticket three years ago."

Iginla said he's also willing to forgive his new teammate for the incident.

"He made a very bad decision," Iginla said. "I assure you if he could take that back, he'd take that back. I do believe in second chances."

Now, Bertuzzi is hoping to put his past behind him and reunite with coach Mike Keenan, who helped him emerge as an offensive threat with the Canucks.

"Mike basically gave me my kick-start in Vancouver," Bertuzzi said. "Obviously, it's been well documented that a lot of my success has come from him and how he played me and how he used me."



Indians swap Sabathia to Brewers for prospects

TRADE The Milwaukee Brewers officially acquired pitcher C.C. Sabathia from the Cleveland Indians Monday for four players.

The reigning American League Cy Young Award winner was exchanged for a package that includes left fielder Matt LaPorta, and pitchers Zach Jackson and Rob Bryson along with a player to be named later.

Sabathia is 6-5 with a 2.16



C.C. Sabathia

mark since April 22. Last season, the lefty went 19-7 with a 3.21 ERA to capture the Cy Young Award.

"C.C. is one of the top pitchers in the game today," said Brewers general manager Doug Melvin.

METRO NEWS SERVICES

SCOREBOARD

MLB	WEST DIVISION	W L T GB
Arizona at Washington, 5:10	Winnipeg	0 2 0 0
Colorado at Milwaukee, 6:05	Saskatchewan	2 0 0 4
Cincinnati at Chicago Cubs, 6:05	Calgary	1 1 0 2
Florida at San Diego, 8:05	EDMONTON	1 1 0 2
Atlanta at L.A. Dodgers, 8:10	B.C.	0 2 0 0
AL BATTING LEADERS	NL BATTING LEADERS	THURSDAY'S GAMES
Name, team AB R H AVG	Name, team AB R H AVG	Calgary at Montreal, 5
Kinsler Tex 365 79 121 .332	Pujols StL 263 45 92 .350	Toronto at EDMONTON, 8
Mauer Min 280 54 81 .325	Berkman Hou 315 74 110 .349	FRIDAY'S GAME
H.Matsui NY 251 37 81 .323	Holliday Col 286 49 98 .343	B.C. at Winnipeg, 6
A.Rodriguez NY 254 52 82 .323	Nady Pgh 274 41 88 .321	Saskatchewan at Hamilton, 2
Bradley Tex 256 52 82 .320		SATURDAY'S GAME
NL BATTING LEADERS	THURSDAY'S GAMES	
Name, team AB R H AVG	Calgary at Montreal, 5	
Clones Atl 278 54 108 .388	Toronto at EDMONTON, 8	
Pujols StL 263 45 92 .350		
Berkman Hou 315 74 110 .349		
Holliday Col 286 49 98 .343		
Nady Pgh 274 41 88 .321		
CFL	BASEBALL	
EAST DIVISION	GOLDEN BASEBALL LEAGUE	
W L T PTS	GAMES FEATURING THE	
Montreal 2 0 0 4	EDMONTON CRACKER CATS:	
Hamilton 1 1 0 2	LAST NIGHT'S GAME	
Toronto 1 1 0 2	EDMONTON at Long Beach	
	TONIGHT'S GAME	
	EDMONTON at Long Beach, 8:05	

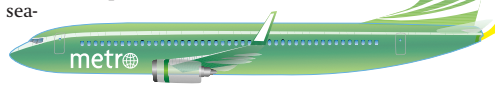
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Reading material. Free Bibles in both English and Chinese, bearing the Beijing Olympic logo, will be available to athletes and tourists at next month's Games, state media reported yesterday. **REUTERS**

Beijing Games

Cooke's 'second wind'

Former indoor volleyball player looks to secure a spot at Olympics

JOHN CHICK
Metro Canada



Take a look at your nearest beach on any given summer evening and it won't be too hard to find a group of thirty-somethings playing beer-league beach volleyball. While many of them may have had a background in the sport, it's unlikely any of them are heading to the Olympic Games in the future.

Yet, that's exactly where Dana Cooke is poised to be headed, pending the outcome of a qualification tournament in France this week.

The 33-year-old Cooke and partner Annie Martin have spent the last month travelling Europe, going from tournament to tournament in an effort to secure a spot in Beijing. Had you asked Cooke two years ago if she thought she'd be in this position, the answer would have been no.

"It was just a ridiculous thought to me, that I had virtually no beach experience besides tournaments on the OVA tour for fun and the usual bar leagues in the summer," says Cooke about her relatively recent foray into the beach game. "Actually I didn't like it at all ... I felt the game was not powerful and that few players really hit. I didn't understand all this cut-shot, roll shot and pokey stuff."

But like any athlete can tell

Facts

NAME: Dana Cooke
HOMETOWN: Burlington, ON
BIRTHDATE: Aug. 13, 1974
HEIGHT: 6'
SPORT: Beach volleyball
FAVOURITE MOVIE: Princess Bride



Annie Martin, left, and Dana Cooke in action on the beach.

you, while the game may change, it never leaves you. Cooke is far from a volleyball neophyte. As an indoor player she was a standout high schooler in suburban Toronto, parlaying that into an NCAA scholarship at Michigan State. As the program rose from the cellar, she helped lead the Spartans to two Big Ten Championships and a Final Four appearance. After that it was a professional indoor vol-

leyball career in Holland, an experience she wouldn't have traded for anything.

"It won't make you crazy rich, but I had great times both on and off the court," she says. "Living in Europe, getting paid to play a sport — what a life!"

Cooke came home to coach the McMaster University men's team for two seasons before returning to Europe, but it wasn't until

"Being a beach player is a lifestyle. You have to love it to face the challenges that are constantly put in front of you regarding travel, funding and just competing at this world level."

Dana Cooke, volleyball star

2006 that her current path came into focus. While attending — out of curiosity — an identification-selection camp for the Canadian National Beach Volleyball Team, she was approached by Martin and her coach Vincent Larivee.

"I thought, 'What a great opportunity to get three days of training and playing with Canada's best,'" says Cooke. "I didn't foresee being approached by Annie's coach on day two and [him] asking me if I would like to be her partner and try to make a go of it for the Olympics. All I could do was laugh — and I did, out loud."

Despite our reputation as a winter-centric sports nation, Canada has a decent track record in the short history of Olympic beach volleyball — Mark Heese and John Child brought home bronze in the men's event in 1996 — and Cooke has embraced the opportunity.

"Being a beach player is a lifestyle," she says. "You have to love it to face the challenges that are constantly put in front of you regarding travel, funding and just competing at this world level."

A "second wind" is a perfect way to describe it, explains Cooke. "I was very fortunate and I feel it's a 'right place, right time' moment."

Former champ fails to make team

GYMNASTICS Two-time former Olympic champion Elena Zamoledchikova will not compete in the Games after failing to make the Russian gymnastics squad.

Zamoledchikova, 25, who won two gold medals in 2000 and a team bronze four years later, gave a disappointing performance at the championships in Russia. She finished 12th in the all-around competition and failed to make the final in any of the four individual events. **REUTERS**

Bank to drop Mao from new notes

MONEY China's central bank will drop former leader Mao Zedong's face from six million new 10-yuan notes to mark the Olympic Games.

One side of the note features the National Stadium, or Bird's Nest, in north Beijing, the main venue for the Games. The capital's historic Temple of Heaven public park is a backdrop.

The reverse side features an ancient Greek marble statue of a discus-thrower, Discobolus, portraits of athletes and the numeral 2008, the bank said. **REUTERS**

Tomorrow's lineup

IN HER GENES. Growing up in Trail, B.C., there was little for Lauren Bay to do besides play sports. She played many, but it was in the ballpark with her older brother Jason that she found her true calling. Pick up tomorrow's Metro for more.

30 days remain until the official start of the 2008 Summer Olympic Games in Beijing.



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Volunteer work

Health



Pamper yourself

After a hard workout, why not pamper yourself? Check out Sea Spa Upper Canada luxury products, including a sea salt soak and replenishing body lotion. Prices range from \$10-\$25. For more, visit www.uppercanadaspa.com. METRO NEWS SERVICE

Longer lashes

Glaucoma treatment's beauty side effect

Goodbye mascara.

One day soon you could have longer, thicker, darker eyelashes thanks to a drug called bimatoprost, which is now used to treat glaucoma and happens to have a happy side effect — extreme lash growth.

Only one problem. The drug, at least as it's used to treat glaucoma, has another possible cosmetic effect — raccoon eyes, or darkening of the skin around the eyes.

Hello concealer.

Allergan, the California-based maker of Botox, announced it will seek approval from the U.S. Food and Drug Administration to market bimatoprost — which it's been selling in eyedrop form to glaucoma sufferers under the

"We are pleased with the results of our clinical program and believe this innovative program, if approved, could meet a significant and unmet demand."

Scott Whitcup, Allergan

label Lumigan for years — as a treatment to stimulate eyelash growth.

The lash-lengthening drug could be available as early as 2009 in the U.S., though Allergan has not said it intends

to seek approval in Canada.

The company tested bimatoprost's cosmetic benefits in a 2007 trial that included participants in San Diego and Vancouver, though it won't discuss the results, beyond a news release that was issued earlier this month.

"We are pleased with the results of our clinical program and believe this innovative program, if approved, could meet a significant and unmet demand in the medical aesthetic marketplace," Scott Whitcup, Allergan's executive vice-president of research and development, said in the release.

The company won't say how the product is applied, whether side effects were reported, what it will cost or



California-based Allergan will seek approval from the U.S. Food and Drug Administration to market bimatoprost, used for glaucoma, as a treatment to stimulate eyelash growth.

how dramatic the results of the trial were.

"For proprietary reasons, until published, we are not providing any more detail around the clinical program," Heather Katt, Allergan's manager of corporate communications, wrote in an email last week. In other words, the company doesn't want to give away trade secrets.

In addition to being an effective glaucoma drug, Lumigan has dramatic cosmetic

effects, confirms a local doctor who specializes in glaucoma and has prescribed it to treat the eye disease.

"It certainly causes eyelashes to grow," says Dr. Graham Trope, a professor of ophthalmology at the University of Toronto and a specialist in the treatment of glaucoma. "It can be quite profound. It doesn't occur in everybody, but does occur in many."

A Phoenix-based op-

tometrist who specializes in geriatric glaucoma and prescribes the drug to aging patients says it even has the power to regrow lashes that fell out long ago. "It doesn't matter how old, or whether it's a man or a woman," says Dr. Shannon Steinhauser.

Female patients particularly like the lashes, she says, but they don't like the raccoon-eyes. "It's a tired look," she says.

TORSTAR NEWS SERVICE

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Balancing family and sanity

HineSight

Anne Hines



Today, I'm packing for our annual family vacation. To be honest, "family vacation" seems a contradiction in terms; much like "too much coffee" or "leisure activity" or "delicious soy beverage." There's an old saying, "Friends are God's way of making up for your family." Family vacations often leave me muttering, "Yeah well, it's not enough."

I love my family. I just don't always love being with my family. I am not one of those people who think that families are people who push all your buttons.

Real family, I'm convinced, are the ones who push your buttons, hold them down and slap a piece of duct tape over

them.

If one of our family loses a job, divorces, or comes out as gay or transgendered — we have shared all these things, some more than once — the rest rally round and support each other, no question. But on a day-to-day basis, we bicker. We argue. We have difficulty always seeing life from the other's perspective.

We share a problem that is common to many family groups — we're human.

Over the years, I've learned how to balance those two precious things in life that don't always seem to go hand in hand: family relationships and personal sanity. Simple methods. Patience. Understanding. Call display.

When it comes to family vacations, one coping strategy is to focus on the upsides. For instance, anyone who has trouble channeling their inner child can spend many years in expensive, in-depth therapy, or they can attend a family gathering. With family, no one ever progresses past seven years

old. No matter how mature or sophisticated I think I've become, my brother, Bruce, has only to say, "Remember the time Anne set fire to the dining room table?" and I'm reduced to, "Mom! Bruce is teeeeeeasing meeee!"

Self-help books can also be useful. Basically, these authors give the same advice as your mother, without finishing off with, "And if you'd sat up straight at the table this wouldn't be happening." It makes all the difference.

One book I read suggested that families who share a common dream get along better. My brothers and sisters do this: We each dream of being an only child.

In the end, the best we can hope for from time with relations is that after the squabbles and misunderstandings, we're still together. And perhaps, when it comes to family, that's just perfect.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Hot stone massage

Next time you're at the spa, try a hot stone massage for total relaxation. A massage therapist places warm, smooth, black river rock on strategic parts of the body, such as between the toes, in the palms of hands, and on the chest and back. **ALIVE MAGAZINE**

Health

Conceiving a better diet

Foods that can help improve fertility

CELIA MILNE
for Metro Edmonton



PREGNANCY. Could the low-fat craze be stopping some women from getting pregnant? It's possible. This and other nutritional surprises are found in a new book called *The Fertility Diet*. Far from just another fly-by-night diet book, this book is written by two experts from Harvard University in Boston who have been studying nutrition and fertility for decades.

Drs. Jorge Chavarro and Walter Willett pored over findings from the Nurses' Health Study II — one of the longest-running studies ever of women's health factors — to find out what kind of diet best boosted fertility. There were 18,000 nurses in the study. Indeed, researchers found that whole fat dairy products protected against a common type of infertility called ovulatory infertility. The source of protein is important too: nuts and beans appear to enhance fertility while red meat decreases it. And another surprise: intense exercise boosts fertility.

"What we learned from this

study is that these simple lifestyle changes can actually reduce the risk of experiencing infertility when it's due to ovulatory disorders, one of the most common causes of infertility," said Dr. Chavarro in an interview.

While following the nutritional guidelines in the book won't guarantee that a woman will conceive, it does increase her chances.

Much of the advice in *The Fertility Diet* is similar to nutritional advice often given to prevent many diseases.

- Avoid trans fats
- Use more olive and canola

oils

- Cut back on red meat
- Eat more beans and nuts
- Choose whole grain rather than white bread
- Eat or drink full-fat dairy products
- Take a multivitamin containing folic acid
- Avoid soda pop
- Stay lean and exercise regularly

New book *The Fertility Diet* recommends nuts, beans, full-fat dairy products, and whole grain bread as some foods that can increase a woman's chance of conceiving.

HPV detected in breast milk

TRANSMISSION Human papillomavirus type 16 (HPV-16), which has been linked to cervical cancer, can be detected in human breast milk collected during the early period after a woman delivers her baby, doctors from Finland report.

It is possible that HPV DNA present in breast milk may be transmitted to the infant during breast feeding, study chief Dr. Stina Syrjanen suggested in correspondence with Reuters Health.

REUTERS

Reconstructive surgery benefits

CANCER Breast reconstruction after cancer surgery can have lasting benefits for women's psychological well-being and body image, a new study suggests.

Research has shown that for women who have a mastectomy to treat breast cancer, reconstructive surgery can provide a psychological lift, helping to improve self-esteem and body image.

REUTERS

"Freshman 15" — fact or fiction?

WEIGHT GAIN The popular notion that new college students put on 15 pounds of weight in the first year — known as the "Freshman 15" — is not all a myth with Canadian researchers finding young women do gain about five pounds.

The few studies to date of weight gain among college freshmen have found that they don't put on 15 pounds but they do put on a few, said Dr. Janis Randall Simpson and colleagues at the University of Guelph, Ont., and elsewhere.

"It's still alarming because that happened over six to seven months," Randall Simpson told Reuters Health. "If young women going to university continue to put on weight at that rate it could be very problematic."

The researchers followed 116 young women as they entered college, asking them about lifestyle and diet and checking their weight, fat mass, body mass index (BMI) and waist circumference in August/September 2004, November 2004, and March 2005.

During that time, girls' weight increased by 2.4 kilograms (5.3 pounds), on average.

Average BMI went from 22.3 to 23.1, while body fat percentage rose from 23.8 per cent to 25.6 per cent. Their waists also expanded by an average of 2.5 centimeters (about 1 inch), the researchers report in the *Journal of the American Dietetic Association*.

The study participants' calorie intake didn't increase during the course of the study, and their alcohol consumption only rose from 2.7 to 3.1 drinks a week, the researchers found.

Time spent watching TV fell by 44 per cent, but computer time jumped by an hour a day.

A statistical analysis suggested that girls who were engaged in less moderate activity in college than in high school were more likely to gain weight, Randall Simpson explained.

It's possible, she added, that girls who participated in sports during high school de-



Studies that document weight gain among college freshmen found that they do put on a few pounds but not necessarily 15.

cided to skip athletic team participation in college because they were spending more time studying.

The findings suggest that colleges should do more to incorporate physical activity into the lives of female college students, and she advised that girls entering college should watch what they eat and get enough exercise.

REUTERS

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Opera star Dame Joan Sutherland has broken both her legs after a fall in the garden of her home in Switzerland. **METRO NEWS SERVICE**

Entertainment

Taylor live

James Taylor is touring Canada with his wife, Kim, and their seven-year-old twins Henry and Rufus. He plays Edmonton on July 12. **METRO NEWS SERVICE**



Polaris list unveiled

Edwards, Bulat, Stars up for prestigious music prize

BRYAN BORZYKOWSKI
music@metronews.ca



Electro-pop rocker Caribou, hip-hop artist Shad and popular indie act The Weakerthans were among the artists shortlisted yesterday for this year's Polaris Music Prize.

Like the Mercury Prize in the U.K., the \$20,000 Polaris honours the year's best Canadian album as voted on by a jury of 178 music journalists — past winners include Final Fantasy and Patrick Watson.

"It's a strong list as always," says Steve Jordan, the Polaris Prize's executive director. "This year points to a lot of the rea-

sons why the whole world is getting into this stuff."

The winner will be announced at an awards show in September. Here's a quick look at the 10 artists who made the shortlist:

Black Mountain, In The Future: If your radio is permanently set to classic rock, this Vancouver psych-rock act is for you.

Their second disc is loaded with heavy riffs, Led Zepelin-like wails, and Black Sabbath infused bombast.

Basia Bulat, Oh My Darling: You can't go wrong with sweet, folk songwriting, but this London, Ont., singer-songwriter offers more than that. Her debut disc is loaded with easygoing indie pop numbers, perfect for a summer drive

to the cottage.



Stars, above, and Kathleen Edwards, right, are among the artists nominated for this year's Polaris Music Prize.

third disc includes everything from low-key hooks and distorted guitar blasts to gut wrenching lyrics about a murdered Toronto 20-something.

Caribou, Andorra: Dan Snaith might not be living in the Great White North anymore — he calls Britain home — but his electronica-meets-Beach Boys pop tunes are still beloved by indie-loving Canucks.

Kathleen Edwards, Asking For Flowers: The buzz has been building around this songstress for years and it's easy to see why. Her

fourth disc includes everything from low-key hooks and distorted guitar blasts to gut wrenching lyrics about a murdered Toronto 20-something.

Holy F-k, LP: Their name might be controversial, but you can't argue over this Toronto band's talent. The foursome is known for frenetically twisting knobs, pounding keyboards and pushing buttons to achieve



some of the best distorted dance music around.

Plants and Animals, Parc Avenue: They might share a label with last year's Polaris Prize winner, but that's where the similarities end. This trio's debut delves deep into jammy, classic rock territory, complete with harmonies, solos and hooks.

Shad, The Old Price: While it's a shame more hip-hop didn't make the shortlist, Shad's sophomore disc is definitely deserving of the prize. Stocked with infectious rhymes and brilliant beats, Shad isn't afraid to get serious about the travails of Canadian life.

Stars, In Our Bedroom Af-

ter The War: Stars' fourth release is the dreamiest record on the list. While the lush, complex arrangements alone should garner these guys a few points, the boy-girl harmonies might put them over the edge.

Two Hours Traffic, Little Jabs: This Joel Plaskett-produced Charlottetown foursome play catchy, road-trip approved rock 'n' roll, ideal for a jaunt across Canada.

The Weakerthans, Reunion Tour: These Winnipeggers are known to many — their poetic lyrics and accessible sounds have fans around the world — so it won't be a shock if their introspective new disc takes the crown.

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Lionsgate Entertainment has announced an innovative distribution and publishing agreement with indie label Narnack Records. Under the deal, which sources say is the first of its kind, Lionsgate will handle the physical and digital distribution of the Narnack catalogue and will administer the publishing rights to all of the label's new releases and some of its catalogue. **REUTERS**

Back to reality for Ozzy?

IntelleVision



HALLO AND WELCOME (mumble mumble) THE OSBOURNES GRAULAGRAH SHOW ROCK AND ROOOOOLLLLLL! After basically revolutionizing reality TV, Ozzy Osbourne and his family dispersed into various TV ventures such as Project Catwalk, America's Got Talent and Jack

Exactly what I was hoping I'd be watching as a middle-aged man when I was in my room listening to Paranoid on headphones when I was 13.

Osbourne: Adrenaline Junkie, but they're getting back together next year for a revival of the variety show concept that attracted interest from all four networks when it was announced a month ago.

According to a TV

the Osbournes and others with comedy sketches as well as gameshow, audience participation and out-of-studio taped elements.

One idea being kicked around is for a segment dubbed The Osbournes Meet the Osbournes, in

knows that you've got to stay in the news at all costs, told ShowbizSpy.com that Paramout is interested in a movie about his life, and that he wants Brad Pitt to play him.

"It's believable!" Cowell said, no doubt insisting on the exclamation mark. Oddly enough, his fantasy hasn't extended so far as to knowing whether he'd do a cameo in said film.

I can't bring myself to be too hard on Cowell. If they ever make a movie about my life, I insist on being played by Tony Hawk, a troupe of Cirque De Soleil acrobats, and an F-22 Raptor jet fighter.



Cowell

Rick McGinnis writes about music, movies, books and television, but not opera.

Week

story, FremantleMedia North

American — the people behind Idol, among many others — have gotten a six-episode commitment from Fox for the show.

"We've been talking about how to renew the variety show concept and make it feel new for years now," Fox reality TV svenigali told Variety, who added that the network hopes to launch the show with a Christmas special.

Variety speculated that the show will "blend musical perfs by

which Ozzy and Co. spend time with another Osbourne clan."

Another possible segment of the show will supposedly involve Ozzy "skewering pop culture," which was exactly what I was hoping I'd be watching on TV as a middle-aged man when I was sitting in my room listening to Paranoid on headphones when I was 13.

YOU WISH, BUDDY: Simon Cowell, who



Italian crime drama unmasks alleged gangster

FILM Gomorra, the organized-crime tale that won rave reviews at Cannes in May, is helping the Italian police track down real criminals. According to the Italian daily newspaper Corriere della Sera, the film was screened at a Naples prison where inmates in jail for activities related to the Gomorra — Naples' version of the Mafia — recognized one of their own among the film's cast. The actor, credited in the film as Giovanni Venosa, who is reported to be a wanted organized crime figure with a passion for acting, ended up as part of the no-name cast that director Matteo Garrone selected for the film. He tried out in an open audition and won a role.

Police said they easily tracked him down and that he was placed in prison in the northern Italian city of Modena, near Bologna.

"We would have never known Venosa was who we were looking for if he had not been recognized by the inmates who saw the film," a spokesman for the Carabinieri in Naples said in a telephone interview. In the film, the character played by Venosa killed two teenagers. Police did not say which crime he has been accused of in real life.

Reuters

DVD picks

Batman Begins: Limited Edition

Director: **Christopher Nolan**
Stars: **Christian Bale, Michael Caine, Katie Holmes**
Rating: **PG**
Grade: **A+**

CHRISTOPHER NOLAN'S 2005 rethink of the Batman franchise, released in standard and Blu-ray DVDs to mark the impending arrival of The Dark Knight sequel, is as much a salvage job as a celebration of the comic book legend.



by Joel Schumacher's camp travesty Batman & Robin a few years earlier.

There is very little in the way of examining the thought process behind the series revamp — no commentary from Nolan for example. But it does offer a peek at The Dark Knight, including the first six minutes of the film on the Blu-ray disc, and that should more than whet your

appetite for another serving of Nolan's midnight visions.

Funny Games

Director: **Michael Haneke**
Stars: **Naomi Watts, Tim Roth**
Rating: **18A**
Grade: **A-**

WARNING: This is a very fine film, but it's meant as provocation, not entertainment. When Austria's Michael Haneke premiered his original German-language home invasion shocker at Cannes audience a decade ago, he observed that it was his European "reaction" to mindless American thrill-kill movies. The film preys on our deepest fears of personal violation and irrational bloodletting.

Haneke doesn't want to make us feel better about these things. He goes one step further and suggests we are to blame for them due to our mindless embrace of violent entertainment. We are made complicit in the terror, both in its design and its execution. Although most of the violence happens off-camera, it is of small comfort.

TORSTAR NEWS SERVICE

critics' corner

Blood Ties

This series is so well done, and each episode is like a miniseries. But the writers and director of "Bugged" made a serious misstep: They assumed those viewers who like vampire flicks also like gross-out horror movies. Coreen's (Gina Holden) goth hangout has become a place of death, and she's gunning to help Vicki (Christina Cox) solve the mystery. OK. That's fine. However, the deaths are caused by bug bites ... many, many bug bites. . . 7 PM on SPACE



Sounds Like Motown

Martha Reeves of "and the Vandellas" fame agreed to perform Motown music with a group of Victoria high-school students, and this documentary follows the process of getting Reeves and the kids together. Motown isn't the type of music that springs to mind when teenagers are asked to name their favorite genres, but these B.C. kids know what they like. 6 PM on BRAVO

	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/8/08	2 CFRN 239 318	eTalk	Jeopardy! (N)	Canadian Idol				The Moment of Truth (N)		Law & Order: SVU		News (N)
	3 KHQ - 370	News (N)	Jeopardy! (N)	Raymond				Celebrity Family Feud		America's Got Talent (N)		Law/Ord SVU
	4 CBXT - 307	Coronation St.	Just-Gags	Rick Mercer				The Tudors "Episode 1"		CBC News: The National		Stampede
	6 KREM - 372	News (N)	Friends	Friends				NCIS (HDTV)		48 Hours Mystery		Without Trace
	7 CKEM 241 347	Friends	Friends	Friends				Japanese Game Show		Hell's Kitchen (N)		Your City
	8 CTV 240 339	ET Canada	Entertainment	Shark				Wipeout (N)		In Plain Sight (N)		News Hour
	12 CBXFT 119 705	Des squelettes	Tout	Beautés désespérées (SC)				Bons baisers de France (SC)		Le Téléjournal (N) (SC)		Tr1 Alberta
	13 KXLY - 371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)			Wipeout (N)		Japanese Game Show		Primetime
	16 KAVU - 373	70s Show	The Simpsons	Two/Half Men	Two/Half Men			The Moment of Truth		Hell's Kitchen (N)		News (N)
	19 CHTV -	70s Show	El News	Real Housewives				Kimora: Fab		Living Lohan	D. Richards	News (N)
	22 KSPS - 374	NewsHour With Jim Lehrer		Nova (DVS)				Savage Planet		Wide Angle (HDTV) (N)		Women-Tibet
	24 WTVS - 364	(6) The Princess Bride		Wide Angle (HDTV) (N)				Keeping Up	Being Served	Tavis Smiley	Charlie Rose (N)	
	15 CBCN 502 -	CBC News: The National		China's Sexual Revolution				CBC News: The National		CBC News: The National		China's Sexual
	21 TNN 505 398	(5) EarthWatch One		EarthWatch One				EarthWatch Two				
	27 CNN 500 500	Larry King Live		Anderson Cooper 360 (HDTV)						Larry King Live		Cooper 360
	45 CTVN 501 391	CTV Newsnet		News	CTV Newsnet			News	CTV Newsnet	News	CTV Newsnet	News
	70 BNN 504 508	Squeeze Play		Market Call				Business News		Market Call	Workopolis TV	Squeeze Play
	20 TSN 400 400	MLB Baseball		SportsCenter (HDTV) (Live)				In This Corner		Boxing (HDTV)		
	23 net 408 418	Ms. Fitness USA '08		Beach Soccer	Beach Soccer			European Poker Tour		Sportsnet Connected		Best-Sports
	47 SPEED 417 406	Prelude to the Dream		Super Bikes!	Super Bikes!			Pinks (HDTV)		Pass Time		
	94 SCORE 410 403	Football Factories		Score Update				Stump Schwab		World Cup of Poker		Score Update
	9 EDACC 267 351	Law & Order: Criminal Intent		The Corporation				Celebrity Family Feud		Ext. Evidence		Help TV
	14 YTV 552 543	Drake & Josh	Genie	Malcolm-Mid.	Prank Patrol			Fries That?		Futurama		Prank Patrol
	17 TREE 553 546	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie			Beren. Bears	Dragon (DVS)	Backyardigans	Dora-Explorer	Crazy Quilt
	42 TOON 555 545	Teen	Johnny Test	George-Jungle	Merrle Melody			Loonatics	Teen	Total Drama	Futurama	Helloboy: Sword
	45 FAM 557 541	Zoey 101	Life Derek	That's-Raven	Smart Guy			Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School
	- TVA 121 714	TVA 18 heures	Sucre-salé	Les Anges de la rénovation				Kmh (SC)	Caméra café	La Grande Évasion (HDTV)		TVA 22 heures
	18 CMT 575 583	Reba	Hope & Faith	Home Improve.	Roseanne			CMT30	Totally	Reba	Hope & Faith	Home Improve.
	25 A&E 615 520	The First 48 (HDTV) (N)		CSI: Miami "Shock"				CSI: Miami "Rampage"		The First 48 (HDTV)		The First 48
	26 MMM 571 581	Classic Albums		Hogan Knows	Hogan Knows			Listed		Classic Albums		Hogan Knows
	29 FOOD 603 561	HEAT-McEwan	HEAT-McEwan	Top Chef "Black Party"				Restaurant Makeover		Iron Chef America		HEAT-McEwan
	31 SHOW 617 522	Trailer Park	Billable Hours	ReGenesis "Blackout"				Blue Murder		Trailer Park	Kenny-Spenny	CSI: NY
	32 DISC 520 505	Smash Lab		Deadliest Catch (N)				Daily Planet		Smash Lab		Deadliest
	33 SLICE 601 562	Shear Genius		Plastic-Perfect	Matchmaker			Nearly Dead	In Laws	Shear Genius		Plastic-Perfect
	34 W 602 567	Shopping Bags	House	Will & Grace	Friends			Maxed Out	Style by Jury	Kim	Style by Jury	Good Naked
	35 TLC 521 560	What Not to Wear "Rita"		What Not to Wear				What Not to Wear: Spouse		What Not to Wear "Rita"		What Not-Wear
	36 BRAVO 620 523	Road to Baileya		Live at the Rehearsal Hall				Law & Order "Encore"		Without a Trace		Rehearsal Hall
	38 SPIKE 628 584	CSI: Crime Scene Investgtn.		CSI: Crime Scene Investgtn.				CSI: NY "The Fall"		CSI: Crime Scene Investgtn.		Trek: Voyager
	40 HIST 522 506	Finding the Fallen		NCIS "Witness"				Crime Stories		Digging for the Truth		Finding-Fallen
	41 COM 626 547	Laughs	Comics!	Air Force	22 Minutes			Laughs	Corner Gas	The Simpsons	South Park	Comedy Inc.
	43 SPACE 627 528	Blood Ties (DVS)		Battlestar Galactica				Stargate SG-1 "Fallen"		Star Trek: Voyager		Star Trek: Ent.
	44 WPCB 294 650	(6) John Q ** (2002, Drama)		Fraser				Seinfeld	Fraser	John Q ** (2002, Drama)	Robert Duvall	
	46 OLN 411 457	(6) Cycling Tour de France Stage 4. (N)						Adventures	Strand-Peters	Cycling Tour de France Stage 4.		
	48 TROP 619 525	Tube Tales	Vanity Insanity	News Show	News Show			ET Canada	What Happen?	Family Guy	Seinfeld	Seinfeld
	50 STAR 621 527	Staying Young in Hollywood		The Tonight Show-Jay Leno				eTalk	TMZ	Staying Young in Hollywood		Hollywood
	52 HGTV 600 564	Colin & Justin's Home Heist		The Stagers	Green Force			Holmes on Homes		Dirty Business	Outside	Colin-Justin
	65 TLN 700 800	Carabinieri		The Sopranos (SS)				Raymond	Raymond	Raymond	Paid Program	Colin Program
	67 APNT 269 350	First Talk	News	Sharing Circle	Miwayawin			Nedada: Your Eye on the Yukon		Guides	Tears	Ances. Woman
	93 VISION 261 394	Quantum Leap		Joz-H Greg's brother arrives.				Mysterious Ways		Quantum Leap		Eyes Down
	100 MTV 581 586	Shot at Love-Tila Tequila		Shot at Love-Tila Tequila				MTV Live		Shot at Love-Tila Tequila		Tila Tequila
	101 MM 570 580	So You Think You Can Dance		Instant Star	Instant Star			Gone Wild	Gone Wild	So You Think You Can Dance		
	102 CPAC 512 396	Question Period		Revue Politique Headlines.				Primetime Politics		Question Period		Hse-Commons
	103 CLT 526 507	Psychic Detect	Ext. Evidence	Traders				The West Wing		Spy Web: Hitler's Spies		Psychic Detect
	105 TV5 145 761	La Prophétie d'Avignon		Alice au pays des gros nez				Journal TV5	Viva Américas	Spy les traces de...		Nouva
	106 RDI 126 730	Le Téléjournal (SC)		RDI en direct	Le National			Le Téléjournal (SC)		Le Journal RDI	Le National	Le Téléjournal

Fight Nicole Richie was reportedly removed from Las Vegas' Hard Rock Hotel and Casino on the weekend after fighting with a fellow reveller while waiting in line for the valet outside the hotel following a night of rowdy partying. FEMALEFIRST.CO.UK

Celebrity Buzz

Kidman, Urban have baby girl

BIRTH Nicole Kidman and her husband, Keith Urban, have welcomed their first child together, a daughter named Sunday Rose Kidman Urban, born yesterday morning in Nashville, People.com reports.

"Husband Keith was by Nicole's side, and mother and baby are very well," said spokesman Paul Freundlich, who added the couple were "delighted" to make the announcement. He also said the baby girl weighed 6 lbs., 7.5 oz.

The pregnancy was first announced in January. Kidman

has two other children with her former husband Tom Cruise: Isabella, 15, and Connor, 13. In the days leading up to the birth, the couple — who celebrated their second wedding anniversary on June 25 — didn't stray from their normal routine in and around Nashville, where they reside in a gated community.

From early morning stops at a local Starbucks for warm drinks to a little sweat at the gym later in the day (Kidman was a regular at spin and yoga classes during her pregnancy), the couple remained low-key.

"She's never been happier and healthier," says a close family friend.

METRO NEWS SERVICES

Streep slams male stars for having plastic surgery

BEAUTY Veteran actress Meryl Streep has hit out at male stars who have plastic surgery in a bid to retain their youthful looks — insisting they should give up and "embrace getting older," imbd.com reports.

The 59-year-old claims she has always resisted the temptation to go under the knife, but is worried about the growing number of actors who are looking to surgeons for a helping hand with their appearance.

She says, "You'd be amazed how many men in the industry have gone down that road. I don't get it. I think you have to embrace getting older and celebrate life."

Streep insists she is actually more secure in her work now that she is no longer considered a Hollywood beauty. METRO NEWS SERVICES



celebrity brief

Thurman learns never say never

MARRIAGE Uma Thurman is learning never say never. After her two divorces from Gary Oldman and Ethan Hawke, the Kill Bill star swore she'd never marry again, people.com reports. In her first interview since her engagement to multimillionaire Arpad "Arki" Busson was announced, Thurman tells the U.K.'s Sunday Times Style magazine she's happy to go back on her word. "I'm going to have to retract my statement of never. I'll have to eat my words." METRO NEWS SERVICES



Alba wants to be laid-back mom

PARENTING New mom Jessica Alba, who gave birth to her first child last month, is considering how she and husband Cash Warren will influence their daughter, people.com reports. "Kids' personalities have so much to do with the parents," she told Britain's Sunday Express. "If you're very paranoid and uptight ... they are going to take on that anxiety. If you're a little more laid-back ... you'll probably have an easier time with them. I guess I'll find out." METRO NEWS SERVICES

celebrity brief

Rodriguez's wife files for divorce

SPLITTING UP The estranged wife of all-world Yankee star Alex Rodriguez filed for divorce yesterday in Miami, seeking to dissolve their 5 1/2-year union, people.com reports. "The marriage of the parties is irretrievably broken because of the husband's extra-marital affairs and other marital misconduct," Cynthia Rodriguez's petition reads, adding that the slugger had "emotionally abandoned

his wife and children." While citing numerous alleged infidelities committed by the baseball superstar, Cynthia did not specifically mention Madonna in court papers after a week of media reports suggesting the Queen of Pop and Rodriguez may have carried on an illicit affair. METRO NEWS SERVICES



Carrey tries on girlfriend's suit

BEACH WEAR Jim Carrey stunned beach-goers in California by wearing his girlfriend Jenny McCarthy's bathing suit while celebrating the 4th of July holiday, imbd.com reports. The couple was photographed strolling along a beach in Malibu — with the former Playmate wearing a plunging black swimsuit. But moments later, the 45-year-old funnyman shocked onlookers when he reappeared donning the racy swimsuit. METRO NEWS SERVICES



Cohen back to prankster movies

FILM Sacha Baron Cohen claimed his first victim for his new prankster movie — setting up an Israeli analyst, Yossi Alpher, for an outrageous interview on the Middle East conflict, imbd.com reports. Cohen lured the public into appearing in his hit 2006 Borat: Cultural Learnings Of America For Make Benefit Glorious Nation Of Kazakhstan. His new film will feature Bruno, an Austrian fashion journalist. METRO NEWS SERVICES

Anderson says she may marry again

PEOPLE Pregnant actress Gillian Anderson hasn't let her two failed unions put her off the idea of marriage, femalefirst.co.uk reports. The X-Files star wed Clyde Klotz, a production designer on the hit sci-fi show, in 1994 — but they divorced in 1997. She then married businessman Julian Ozanne in 2004, but the couple split two years later.

She admits it is "weird" to be a double divorcee by the age of 39 and said: "I can actually say the words 'my second



husband" and that is so weird. I don't feel like I'm old enough (to have two failed marriages). And it didn't work twice, so is marriage in and of itself part of my downfall? I liked that feeling initially. It felt wonderful and solid and wholesome. But you can only live for the moment and, based on the information that you have, do your best."

While Anderson is not ready to head back down the aisle with current beau Mark Griffiths just yet, she admits she may, one day, be ready to tie the knot again — and she may even be the one asking.

Anderson and Griffiths are expecting their second baby later this year. They are already parents to 20-month-old son Oscar, and Anderson has a 13-year-old daughter, Piper, from her first marriage to Klotz. METRO NEWS SERVICES

Baldwin wins small victory in horse-drawn carriage campaign

NEW YORK Alec Baldwin has persuaded New York City officials to reconsider placing a ban on New York's famous horse-drawn carriage trade, imbd.com reports.

The native New Yorker appeared at a People for the Ethical Treatment of Animals (PETA) event just last month to campaign against the industry.

He believes the frantic streets of New York are no place for nervous animals to haul around heavy carriages. City offi-

cials have confirmed seven accidents and two traffic-related horse deaths have resulted from the carriage trade in the last three years. Brooklyn Councilman Tony Avella told the New York

Post: "My first inclination was to try to find a way to do a better job. But I (now see) that ... to make a profit, there's no way for them to treat the horses properly."

Baldwin joins Pretenders singer Chrissie Hynde and pop star Pink, who have both campaigned for PETA against horse-drawn

carriages.

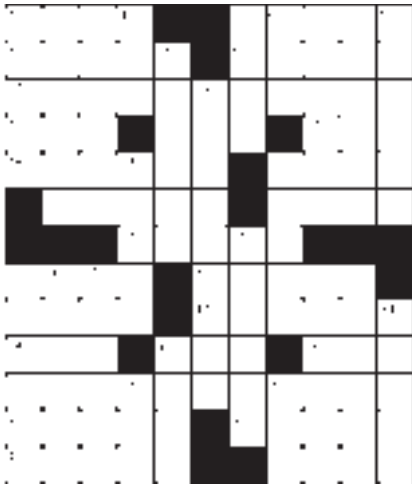
METRO NEWS SERVICES



A note from a piece by a US composer is to be played this weekend in a German town in what has been called the world's slowest and longest concert. The performance began in 2000 and is scheduled to last a total of 639 years. **BBC NEWS ONLINE**

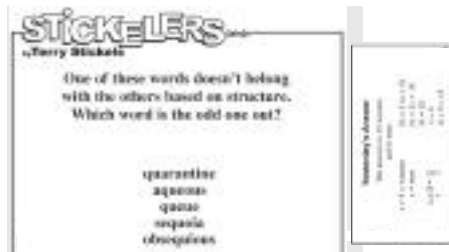


Take Five



Crossword across

- | | |
|------------------------------|--------------------------|
| 1 Vatican leader | 32 Maroon |
| 5 Vent cover | 34 French article |
| 10 Zodiac ram | 35 Pig's place |
| 12 Indy entrant | 36 Old French coin |
| 13 Be in control | 37 Take attendance |
| 15 Summer in France | 40 Bewildered |
| 16 Floor cover | 41 Opera's Beverly |
| 17 Comic Bernie | 42 Poor |
| 18 Deli sandwich | 43 Monument Valley sight |
| 20 Circus sight | |
| 21 Velocity | |
| 22 Hill insects | |
| 23 Razor sharpener | |
| 25 Horn sound | |
| 28 Put forth | |
| 31 Hockey's Bobby and family | |



Crossword down

- | | |
|---------------------------|-----------------------|
| 1 Indiana player | 20 Uses a VCR |
| 2 Makes speeches | 24 Some daisies |
| 3 Accumulate | 25 Big-billed bird |
| 4 Long fish | 26 Fancy |
| 5 Golfer Norman | 27 Threat words |
| 6 Scoundrel | 29 Fix shoes |
| 7 Shrewdness | 30 Fishes with a line |
| 8 Lease signer | 33 Oklahoma city |
| 9 Puts up | 35 Remain |
| 11 Block side | 38 Was ahead |
| 14 Centenarian's birthday | 39 Edge |

950,000

Metro readers do it daily!



SOURCE: NADbank 2007, read yesterday;
BASE: Montreal CMA, Ottawa-Gatineau CMA,
Toronto CMA, Vancouver CMA

previous day's answer



This day in history

JULY 8, 1776: The Declaration of Independence was read aloud in Philadelphia, Pennsylvania.

JULY 8, 1822: Chippewas turn over huge tract of land in Ontario to the United Kingdom.

JULY 8, 1892: St. John's, Newfoundland was devastated in the Great Fire of 1892.

JULY 8, 1947: Reports are broadcast that a UFO has crash landed in Roswell, New Mexico.

Horoscopes

AVATAR VENUS

ARIES

MARCH 21-APRIL 20
Sarcasm from a stranger will be surprising. Something hidden is brought into the light. Take your diet into account if you're unwell.

TAURUS

APRIL 21-MAY 21
A mysterious ailment disappears when your love life improves. You'll see eye-to-eye with a practical person. Keep things in line at home.

GEMINI

MAY 22-JUNE 21
Three people will visit and have an effect. Taking it easy will be difficult. Useless reminders need to be disregarded.

CANCER

JUNE 22-JULY 22
Younger people are causing frustration. A down-to-earth project will get the go-ahead. An adversary tries to climb to the top.

LEO

JULY 23-AUG 23
A romantic woman loathes company. A misunderstanding works in your favour. An associate finally makes good on a promise.

VIRGO

AUG 24-SEPT 22
A buddy is excited by odd behaviour. An honest man will meet with decision-makers. Maintain silence about travel arrangements.

LIBRA

SEPT 23-OCT 23
You must accept an anxiety-producing challenge. An emotional block causes a delay in plans. A message puts you on "Romance Alert."

SCORPIO

OCT 24-NOV 22
A skin condition will clear up on its own. Emotions will run wild if anyone is given free rein. A blonde wants more money.

SAGITTARIUS

NOV 23-DEC 21
The focus is on being emotionally fulfilled. Don't be selfish but insist on getting respect. A hunch can create havoc.

CAPRICORN

DEC 22-JAN 20
A phone call has serious consequences. You can refuse to be frightened. Consideration will come your way later on.

AQUARIUS

JAN 21-FEB 18
A depressing weight gain starts to dissolve. You can aid in reducing somebody's misery. A sincere compliment reveals too much.

PISCES

FEB 19-MAR 20
Avoid wearing someone down with complaints. The winds of change will distress someone. A friend's indifference is resented.

Sudoku

INSTRUCTIONS:

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

SOLVE TIME IN MINUTES:

Under 13 Genius
13-17 Scholar
17-21 Smart

previous day's answer

5	6	9	4	7	3	2	8	1
4	7	8	1	2	9	5	6	3
2	3	1	8	6	5	7	9	4
6	1	7	5	9	2	3	4	8
8	5	2	3	4	6	1	7	9
3	9	4	7	1	8	6	5	2
1	8	5	9	3	7	4	2	6
7	2	3	6	8	4	9	1	5
9	4	6	2	5	1	8	3	7

21-25 Not bad
25+ Keep practising

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metronews.ca



Do it daily.

Edmonton weather

Afternoon



Variable.
22°

Tonight



Variable.
Low 9°

Wednesday



Partly sunny.
20° / 9°

Thursday



Showers.
19° / 8°



Friday



Partly sunny.
18° / 10°

Temperature
Normals
High: 22.8°
Low: 10.5°

Records
High: 32.2°/1964
Low: 1.7°/1890

Sunrise: 5:16 a.m.
Sunset: 10:01 p.m.
Moon does not set
Moonrise: 12:43 p.m.

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